



Introducing our new ‘Indulgent Spa’ package

Escape the daily grind and treat yourself to our Indulgent Spa Package - the perfect way to relax with your partner or catch up with friends.

Our Indulgent Spa package is available for the introductory price of £114 per person and includes:

- a bottle of sparkling wine in your room on arrival;
- any two courses from our inclusive menu;
- one night’s accommodation in a standard room;
- full scottish breakfast;
- unlimited use of our gym and leisure facilities; and
- a one hour treatment for each guest (choose from the list overleaf).



The Beardmore
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Beardmore Street, Clydebank,
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thebeardmore.com
0141 951 6000

Each guest has the choice of a one hour treatment from the following:

- ❖ Full body Soul Therapies signature massage - your therapist will customise your treatment using a wide range of massage techniques and essential oil blends.
- ❖ Prescriptive Soul Therapies facial - your therapist will provide a relaxing and effective facial using Eve Taylor products. Eve Taylor is a skin care range based on unique essential oil blends, which offers problem specific solutions to suit your skin's needs.

Eve Taylor[®]

- ❖ Reflexology - An ancient form of pressure point massage for the feet. This gentle, relaxing therapy promotes a feeling of wellbeing, reduces stress and rebalances the body's energy.
- ❖ Mini facial with Soul Therapies back, neck and shoulders massage.

Additional treatments can be added onto your package. These will be charged seperately and added to your bill - see Soul Therapies full pricelist, available on request.

The Indulgent Spa package is based on two people sharing a standard room and is non-refundable. Treatments must be pre-booked. To book call 0141 951 6000 and quote "indulgent spa package".